



Ralph Waldo Emerson
(1803-1882)

The Lord's Supper

from Uncollected Prose

The Kingdom of God is not meat and drink, but righteousness, and peace, and joy in the Holy Ghost. – ROMANS XIV. 17.

In the history of the Church no subject has been more fruitful of controversy than the Lord's Supper. There never has been any unanimity in the understanding of its nature, nor any uniformity in the mode of celebrating it. Without considering the frivolous questions which have been lately debated as to the posture in which men should partake of it; whether mixed or unmixed wine should be served; whether leavened or unleavened bread should be broken; the questions have been settled differently in every church, who should be admitted to the feast, and how often it should be prepared. In the Catholic Church, infants were at one time permitted and then forbidden to partake; and, since the ninth century, the laity receive the bread only, the cup being reserved to the priesthood. So, as to the time of the solemnity. In the fourth Lateran Council, it was decreed that any believer should communicate at least once in a year – at Easter. Afterwards it was determined that this Sacrament should be received three times in the year – at Easter, Whitsuntide, and Christmas. But more important controversies have arisen respecting its nature. The famous

question of the Real Presence was the main controversy between the Church of England and the Church of Rome. The doctrine of the Consubstantiation taught by Luther was denied by Calvin. In the Church of England, Archbishops Laud and Wake maintained that the elements were an Eucharist or sacrifice of Thanksgiving to God; Cudworth and Warburton, that this was not a sacrifice, but a sacrificial feast; and Bishop Hoadley, that it was neither a sacrifice nor a feast after sacrifice, but a simple commemoration. And finally, it is now near two hundred years since the Society of Quakers denied the authority of the rite altogether, and gave good reasons for disusing it.

I allude to these facts only to show that, so far from the supper being a tradition in which men are fully agreed, there always been the widest room for difference of opinion upon this particular.

Having recently given particular attention to this subject, I was led to the conclusion that Jesus did not intend to establish an institution for perpetual observance when he ate the Passover with his disciples; and, further, to the opinion, that it is not expedient to celebrate it as we do. I shall now endeavor to state distinctly my reasons for these two opinions.

I. The authority of the rite.

An account of the last supper of Christ with his disciples is given by the four Evangelists, Matthew, Mark, Luke, and John.

In St. Matthew's Gospel (Matt. XXVI. 26-30) are recorded the words of Jesus in giving bread and wine on that occasion to his disciples, but no expression occurs intimating that this feast was hereafter to be commemorated.

In St. Mark (Mark XIV. 23) the same words are recorded, and still with no intimation that the occasion was to be remembered.

St. Luke (Luke XXII. 15), after relating the breaking of the bread, has these words: This do in remembrance of me.

In St. John, although other occurrences of the same evening are related, this whole transaction is passed over without notice.

Now observe the facts. Two of the Evangelists, namely, Matthew and John, were of the twelve disciples, and were present on that occasion. Neither of them drops the slightest intimation of any intention on the part of Jesus to set up anything permanent. John, especially, the beloved disciple, who has recorded with minuteness the conversation and the transactions of that memorable evening, has quite omitted such a notice. Neither does it appear to have come to the knowledge of Mark who, though not an eye-witness, relates the other facts. This material fact, that the occasion was to be remembered, is found in Luke alone, who was not present. There is no reason, however, that we know, for rejecting the account of Luke. I doubt not, the expression was used by Jesus. I shall presently consider its meaning. I have only brought these accounts together, that you may judge whether it is likely that a solemn institution, to be continued to the end of time by all mankind, as they should come, nation after nation, within the influence of the Christian religion, would have been established in this slight manner – in a manner so slight, that the intention of commemorating it should not appear, from their narrative, to have caught the ear or dwelt in the mind of the only two among the twelve who wrote down what happened.

Still we must suppose that the expression, "This do in remembrance of me," had come to the ear of Luke from some disciple who was present. What did it really signify? It is a prophetic and an affectionate expression. Jesus is a Jew, sitting with his countrymen,

celebrating their national feast. He thinks of his own impending death, and wishes the minds of his disciples to be prepared for it. "When hereafter," he says to them, "you shall keep the Passover, it will have an altered aspect to your eyes. It is now a historical covenant of God with the Jewish nation. Hereafter, it will remind you of a new covenant sealed with my blood. In years to come, as long as your people shall come up to Jerusalem to keep this feast, the connection which has subsisted between us will give a new meaning in your eyes to the national festival, as the anniversary of my death." I see natural feeling and beauty in the use of such language from Jesus, a friend to his friends; I can readily imagine that he was willing and desirous, when his disciples met, his memory should hallow their intercourse; but I cannot bring myself to believe that in the use of such an expression he looked beyond the living generation, beyond the abolition of the festival he was celebrating, and the scattering of the nation, and meant to impose a memorial feast upon the whole world.

Without presuming to fix precisely the purpose in the mind of Jesus, you will see that many opinions may be entertained of his intention, all consistent with the opinion that he did not design a perpetual ordinance. He may have foreseen that his disciples would meet to remember him, and that with good effect. It may have crossed his mind that this would be easily continued a hundred or a thousand years – as men more easily transmit a form than a virtue – and yet have been altogether out of his purpose to fasten it upon men in all times and all countries.

But though the words, Do this in remembrance of me, do not occur in Matthew, Mark, or John, and although it should be granted us that, taken alone, they do not necessarily import so much as is usually thought, yet many persons are apt to imagine that the very striking and personal manner in which this eating and drinking is described, indicates a striking and formal purpose to found a festival. And I admit that this impression might probably be left upon the mind of one who read only the passages under consideration in the New Testament. But this impression is removed by reading any narrative of the mode in which

the ancient or the modern Jews have kept the Passover. It is then perceived that the leading circumstances in the Gospels are only a faithful account of that ceremony. Jesus did not celebrate the Passover, and afterwards the Supper, but the Supper was the Passover. He did with his disciples exactly what every master of a family in Jerusalem was doing at the same hour with his household. It appears that the Jews ate the lamb and the unleavened bread, and drank wine after a prescribed manner. It was the custom for the master of the feast to break the bread and to bless it, using this formula, which the Talmudists have preserved to us, "Blessed be Thou, O Lord our God, the King of the world, who hast produced this food from the earth," – and to give it to every one at the table. It was the custom of the master of the family to take the cup which contained the wine, and to bless it, saying, "Blessed be Thou, O Lord, who givest us the fruit of the vine," – and then to give the cup to all. Among the modern Jews who in their dispersion retain the Passover, a hymn is also sung after this ceremony, specifying the twelve great works done by God for the deliverance of their fathers out of Egypt.

But still it may be asked, why did Jesus make expressions so extraordinary and emphatic as these – "This is my body which is broken for you. Take; eat. This is my blood which is shed for you. Drink it." – I reply they are not extraordinary expressions from him. They were familiar in his mouth. He always taught by parables and symbols. It was the national way of teaching and was largely used by him. Remember the readiness which he always showed to spiritualize every occurrence. He stooped and wrote on the sand. He admonished his disciples respecting the leaven of the Pharisees. He instructed the woman of Samaria respecting living water. He permitted himself to be anointed, declaring that it was for his interment. He washed the feet of his disciples. These are admitted to be symbolical actions and expressions. Here, in like manner, he calls the bread his body, and bids the disciples eat. He had used the same expression repeatedly before. The reason why St. John does not repeat his words on this occasion, seems to be that he had reported a similar discourse of Jesus to the people of Capernaum more at length already (John VI. 27). He there tells the

Jews, "Except ye eat the flesh of the Son of Man and drink His blood, ye have no life in you." And when the Jews on that occasion complained that they did not comprehend what he meant, he added for their better understanding, and as if for our understanding, that we might not think his body was to be actually eaten, that he only meant, we should live by his commandment. He closed his discourse with these explanatory expressions: "The flesh profiteth nothing; the words that I speak to you, they are spirit and they are life."

Whilst I am upon this topic, I cannot help remarking that it is not a little singular that we should have preserved this rite and insisted upon perpetuating one symbolical act of Christ whilst we have totally neglected all others – particularly one other which had at least an equal claim to our observance. Jesus washed the feet of his disciples and told them that, as he had washed their feet, they ought to wash one another's feet; for he had given them an example, that they should do as he had done to them. I ask any person who believes the Supper to have been designed by Jesus to be commemorated forever, to go and read the account of it in the other Gospels, and then compare with it the account of this transaction in St. John, and tell me if this be not much more explicitly authorized than the Supper. It only differs in this, that we have found the Supper used in New England and the washing of the feet not. But if we had found it an established rite in our churches, on grounds of mere authority, it would have been impossible to have argued against it. That rite is used by the Church of Rome, and by the Sandemanians. It has been very properly dropped by other Christians. Why? For two reasons: (1) because it was a local custom, and unsuitable in western countries; and (2) because it was typical, and all understand that humility is the thing signified. But the Passover was local too, and does not concern us, and its bread and wine were typical, and do not help us to understand the redemption which they signified.

These views of the original account of the Lord's Supper lead me to esteem it an occasion full of solemn and prophetic interest, but never intended by Jesus to be the foundation of a perpetual institution.

It appears however in Christian history that the disciples had very early taken advantage of these impressive words of Christ to hold religious meetings, where they broke bread and drank wine as symbols.

I look upon this fact as very natural in the circumstances of the church. The disciples lived together; they threw all their property into a common stock; they were bound together by the memory of Christ, and nothing could be more natural than that this eventful evening should be affectionately remembered by them; that they, Jews like Jesus, should adopt his expressions and his types, and furthermore, that what was done with peculiar propriety by them, his personal friends, with less propriety should come to be extended to their companions also. In this way religious feasts grew up among the early Christians. They were readily adopted by the Jewish converts who were familiar with religious feasts, and also by the Pagan converts whose idolatrous worship had been made up of sacred festivals, and who very readily abused these to gross riot, as appears from the censures of St. Paul. Many persons consider this fact, the observance of such a memorial feast by the early disciples, decisive of the question whether it ought to be observed by us. For my part I see nothing to wonder at in its originating with them; all that is surprising is that it should exist among us. There was good reason for his personal friends to remember their friend and repeat his words. It was only too probable that among the half converted Pagans and Jews, any rite, any form, would find favor, whilst yet unable to comprehend the spiritual character of Christianity.

The circumstance, however, that St. Paul adopts these views, has seemed to many persons conclusive in favor of the institution. I am of opinion that it is wholly upon the epistle to the Corinthians, and not upon the Gospels, that the ordinance stands. Upon this matter of St. Paul's view of the Supper, a few important considerations must be stated.

The end which he has in view, in the eleventh chapter of the first epistle is, not to enjoin upon his friends to observe the Supper, but to censure their abuse of it. We quote the passage now-a-days as if it enjoined attendance upon the Supper; but he wrote it merely to chide them for drunkenness. To make their enormity plainer he goes back to the origin of this religious feast to show what sort of feast that was, out of which this riot of theirs came, and so relates the transactions of the Last Supper. "I have received of the Lord," he says, "that which I delivered to you."

By this expression it is often thought that a miraculous communication is implied; but certainly without good reason, if it is remembered that St. Paul was living in the lifetime of all the apostles who could give him an account of the transaction; and it is contrary to all reason to suppose that God should work a miracle to convey information that could so easily be got by natural means. So that the import of the expression is that he had received the story of an eye-witness such as we also possess.

But there is a material circumstance which diminishes our confidence in the correctness of the Apostle's view; and that is, the observation that his mind had not escaped the prevalent error of the primitive church, the belief, namely, that the second coming of Christ would shortly occur, until which time, he tells them, this feast was to be kept. Elsewhere he tells them, that, at that time the world would be burnt up with fire, and a new government established, in which the Saints would sit on thrones; so slow were the disciples during the life, and after the ascension of Christ, to receive the idea which we receive, that his second coming was a spiritual kingdom, the dominion of his religion in the hearts of men, to be extended gradually over the whole world.

In this manner we may see clearly enough how this ancient ordinance got its footing among the early Christians, and this single expectation of a speedy reappearance of a temporal

Messiah, which kept its influence even over so spiritual a man as St. Paul, would naturally tend to preserve the use of the rite when once established.

We arrive then at this conclusion, first, that it does not appear, from a careful examination of the account of the Last Supper in the Evangelists, that it was designed by Jesus to be perpetual; secondly, that it does not appear that the opinion of St. Paul, all things considered, ought to alter our opinion derived from the evangelists.

One general remark before quitting this branch of the subject. We ought to be cautious in taking even the best ascertained opinions and practices of the primitive church, for our own. If it could be satisfactorily shown that they esteemed it authorized and to be transmitted forever, that does not settle the question for us. We know how inveterately they were attached to their Jewish prejudices, and how often even the influence of Christ failed to enlarge their views. On every other subject succeeding times have learned to form a judgment more in accordance with the spirit of Christianity than was the practice of the early ages.

But it is said: "Admit that the rite was not designed to be perpetual. What harm doth it? Here it stands, generally accepted, under some form, by the Christian world, the undoubted occasion of much good; is it not better it should remain?"

II. This is the question of expediency.

I proceed to state a few objections that in my judgment lie against its use in its present form.

1. If the view which I have taken of the history of the institution be correct, then the claim of authority should be dropped in administering it. You say, every time you celebrate the rite,

that Jesus enjoined it; and the whole language you use conveys that impression. But if you read the New Testament as I do, you do not believe he did.

2. It has seemed to me that the use of this ordinance tends to produce confusion in our views of the relation of the soul to God. It is the old objection to the doctrine of the Trinity, – that the true worship was transferred from God to Christ, or that such confusion was introduced into the soul, that an undivided worship was given nowhere. Is not that the effect of the Lord's Supper? I appeal now to the convictions of communicants – and ask such persons whether they have not been occasionally conscious of a painful confusion of thought between the worship due to God and the commemoration due to Christ. For, the service does not stand upon the basis of a voluntary act, but is imposed by authority. It is an expression of gratitude to Christ, enjoined by Christ. There is an endeavor to keep Jesus in mind, whilst yet the prayers are addressed to God. I fear it is the effect of this ordinance to clothe Jesus with an authority which he never claimed and which distracts the mind of the worshipper. I know our opinions differ much respecting the nature and offices of Christ, and the degree of veneration to which he is entitled. I am so much a Unitarian as this: that I believe the human mind cannot admit but one God, and that every effort to pay religious homage to more than one being, goes to take away all right ideas. I appeal, brethren, to your individual experience. In the moment when you make the least petition to God, though it be but a silent wish that he may approve you, or add one moment to your life, – do you not, in the very act, necessarily exclude all other beings from your thought? In that act, the soul stands alone with God, and Jesus is no more present to the mind than your brother or your child.

But is not Jesus called in Scripture the Mediator? He is the mediator in that only sense in which possibly any being can mediate between God and man – that is an Instructor of man. He teaches us how to become like God. And a true disciple of Jesus will receive the light he

gives most thankfully; but the thanks he offers, and which an exalted being will accept, are not compliments – commemorations, – but the use of that instruction.

3. Passing other objections, I come to this, that the use of the elements, however suitable to the people and the modes of thought in the East, where it originated, is foreign and unsuited to affect us. Whatever long usage and strong association may have done in some individuals to deaden this repulsion, I apprehend that their use is rather tolerated than loved by any of us. We are not accustomed to express our thoughts or emotions by symbolical actions. Most men find the bread and wine no aid to devotion and to some, it is a painful impediment. To eat bread is one thing; to love the precepts of Christ and resolve to obey them is quite another.

The statement of this objection leads me to say that I think this difficulty, wherever it is felt, to be entitled to the greatest weight. It is alone a sufficient objection to the ordinance. It is my own objection. This mode of commemorating Christ is not suitable to me. That is reason enough why I should abandon it. If I believed that it was enjoined by Jesus on his disciples, and that he even contemplated making permanent this mode of commemoration, every way agreeable to an eastern mind, and yet, on trial, it was disagreeable to my own feelings, I should not adopt it. I should choose other ways which, as more effectual upon me, he would approve more. For I choose that my remembrances of him should be pleasing, affecting, religious. I will love him as a glorified friend, after the free way of friendship, and not pay him a stiff sign of respect, as men do to those whom they fear. A passage read from his discourses, a moving provocation to works like his, any act or meeting which tends to awaken a pure thought, a flow of love, an original design of virtue, I call a worthy, a true commemoration.

4. Fourthly, the importance ascribed to this particular ordinance is not consistent with the spirit of Christianity. The general object and effect of this ordinance is unexceptionable. It

has been, and is, I doubt not, the occasion of indefinite good; but an importance is given by Christians to it which never can belong to any form. My friends, the apostle well assures us that "the kingdom of God is not meat and drink, but righteousness and peace and joy, in the Holy Ghost." I am not so foolish as to declaim against forms. Forms are as essential as bodies; but to exalt particular forms, to adhere to one form a moment after it is out-grown, is unreasonable, and it is alien to the spirit of Christ. If I understand the distinction of Christianity, the reason why it is to be preferred over all other systems and is divine is this, that it is a moral system; that it presents men with truths which are their own reason, and enjoins practices that are their own justification; that if miracles may be said to have been its evidence to the first Christians, they are not its evidence to us, but the doctrines themselves; that every practice is Christian which praises itself, and every practice unchristian which condemns itself. I am not engaged to Christianity by decent forms, or saving ordinances; it is not usage, it is not what I do not understand, that binds me to it – let these be the sandy foundations of falsehoods. What I revere and obey in it is its reality, its boundless charity, its deep interior life, the rest it gives to my mind, the echo it returns to my thoughts, the perfect accord it makes with my reason through all its representation of God and His Providence; and the persuasion and courage that come out thence to lead me upward and onward. Freedom is the essence of this faith. It has for its object simply to make men good and wise. Its institutions, then, should be as flexible as the wants of men. That form out of which the life and suitableness have departed, should be as worthless in its eyes as the dead leaves that are falling around us.

And therefore, although for the satisfaction of others, I have labored to show by the history that this rite was not intended to be perpetual; although I have gone back to weigh the expressions of Paul, I feel that here is the true point of view. In the midst of considerations as to what Paul thought, and why he so thought, I cannot help feeling that it is time misspent to argue to or from his convictions, or those of Luke and John, respecting any form. I seem to lose the substance in seeking the shadow. That for which Paul lived and died so gloriously;

that for which Jesus gave himself to be crucified; the end that animated the thousand martyrs and heroes who have followed his steps, was to redeem us from a formal religion, and teach us to seek our well-being in the formation of the soul. The whole world was full of idols and ordinances. The Jewish was a religion of forms. The Pagan was a religion of forms; it was all body – it had no life – and the Almighty God was pleased to qualify and send forth a man to teach men that they must serve him with the heart; that only that life was religious which was thoroughly good; that sacrifice was smoke, and forms were shadows. This man lived and died true to this purpose; and now, with his blessed word and life before us, Christians must contend that it is a matter of vital importance – really a duty, to commemorate him by a certain form, whether that form be agreeable to their understandings or not.

Is not this to make vain the gift of God? Is not this to turn back the hand on the dial? Is not this to make men – to make ourselves – forget that not forms, but duties; not names, but righteousness and love are enjoined; and that in the eye of God there is no other measure of the value of any one form than the measure of its use?

There remain some practical objections to the ordinance into which I shall not now enter. There is one on which I had intended to say a few words; I mean the unfavorable relation in which it places that numerous class of persons who abstain from it merely from disinclination to the rite.

Influenced by these considerations, I have proposed to the brethren of the Church to drop the use of the elements and the claim of authority in the administration of this ordinance, and have suggested a mode in which a meeting for the same purpose might be held free of objection.

My brethren have considered my views with patience and candor, and have recommended unanimously an adherence to the present form. I have, therefore, been compelled to consider whether it becomes me to administer it. I am clearly of opinion I ought not. This discourse has already been so far extended, that I can only say that the reason of my determination is shortly this: – It is my desire, in the office of a Christian minister, to do nothing which I cannot do with my whole heart. Having said this, I have said all. I have no hostility to this institution; I am only stating my want of sympathy with it. Neither should I ever have obtruded this opinion upon other people, had I not been called by my office to administer it. That is the end of my opposition, that I am not interested in it. I am content that it stand to the end of the world, if it please men and please heaven, and I shall rejoice in all the good it produces.

As it is the prevailing opinion and feeling in our religious community, that it is an indispensable part of the pastoral office to administer this ordinance, I am about to resign into your hands that office which you have confided to me. It has many duties for which I am feebly qualified. It has some which it will always be my delight to discharge, according to my ability, wherever I exist. And whilst the recollection of its claims oppresses me with a sense of my unworthiness, I am consoled by the hope that no time and no change can deprive me of the satisfaction of pursuing and exercising its highest functions.

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